



OFFICE OF LEGISLATIVE SERVICES  
ADMINISTRATIVE RULES  
STATE HOUSE ANNEX  
25 CAPITOL STREET, ROOM 234  
CONCORD, NH 03301

## Rulemaking Notice Form

**Notice Number:** 2026-97

**Rule Number:** He-M 1201

1. **Agency:** Department of Health and Human Services  
Former Division of Mental Health & Developmental Services
2. **RSA Authority:** RSA 171-A:3
3. **Federal Authority:**
4. **Action(s):** Readopt w/Amendment
5. **Short Title:** Healthcare Coordination and Administration of Medications
6. **(a) Summary of what the rule says and of any proposed amendments including whether the rule implements a state statute for the first time:**

He-M 1201 establishes minimum standards for individuals' health coordination and to ensure the safe administration of medications by providers to individuals who receive services pursuant to He-M 1001, He-M 507, He-M 518, He-M 521, He-M 524, or He-M 525, as applicable.

The proposed amendments are largely made in order to bring this rule into alignment with other recently adopted administrative rules.

The Department of Health and Human Services (Department) is proposing to readopt with amendment He-M 1201. The proposed amendments include:

Updating He-M 1201.02 definitions by:

- Amending the definitions of "acquired brain disorder", "area agency", "authorized provider", "bureau administrator", "developmental disability", "individual", "guardian", "medical director", "provider", and "provider agency";
- Adding the definitions of "agency residence", "days", "home and community based waiver services ("waiver services)", "medically fragile", "medication occurrence", and "self-directed medication administration";

- Removing the definitions of “frail health” and “medication error”;
- Updating He-M 1201.03 on healthcare coordination to include references to waiver services;
- Updating He-M 1201.04 on medication administration to include clarification on timeframes and update language based on new definitions;
- Updating He-M 1201.05 on self-administration of medication to outline requirements for using a pill planner and update gender neutral language;
- Updating He-M 1201.06 on training and authorization of providers to update language based on revised definitions;
- Updating He-M 1201.07 on documentation to provide clarity based on stakeholder feedback and to update language based on revised definitions;
- Updating He-M 1201.08 on storage of medication to now be titled “storage and disposal of medication” and added requirements for disposal of medications;
- Updating He-M 1201.09 on quality review to provide clarity based on stakeholder feedback;
- Updating He-M 1201.10 on designation of nurse trainers to increase the number of continuing education contact hours from 1 to 2 and updated requirements for conditionally designated nurse trainers;
- Updating He-M 1201.11 on medication committee to update language based on revised definitions;
- Updating He-M 1201.12 on revocation to update when the bureau may revoke designation of nurse trainers and authorized providers;
- Updating He-M 1201.13 on appeals based on updates to He-M 1201.12 revocation; and
- Updating He-M 1201.14 on waivers to clarify the entities responsible for completing and submitting waivers and to update contact information for submission.

He-M 1201 does not implement a state statute for the first time.

**6. (b) Brief description of the groups affected:**

The rule affects individuals who receive administration of medications by a provider and who receive services pursuant to He-M 1001, He-M 507, He-M 518, He-M 521, He-M 524, or He-M 525 as applicable.

6. (c) **Specific section or sections of state statute or federal statute or regulation which the rule is intended to implement:**

<b>Rule</b>	<b>Specific State or Federal Statutes or Regulations which the Rule Implements</b>
He-M 1201.01- He-M 1201.02	RSA 171-A:4; RSA 126-A:19; RSA 126-A:20; RSA 326-B:43, VI
He-M 1201.03	RSA 171-A:4; RSA 126-A:19; RSA 126-A:20
He-M 1201.04	RSA 171-A:4; RSA126-A:19; RSA 126-A:20, RSA 326-B:43, VI
He-M 1201.05- He-M 1201.14	RSA 171-A:4; RSA 126-A:19; RSA 126-A:20; RSA 326-B:43, VI
He-M 1201.01- He-M 1201.13	RSA 135-C:3

7. **Contact person for copies and questions including requests to accommodate persons with disabilities:**

<b>Name:</b> Nicole Valanzola	<b>Title:</b> Rules Coordinator
<b>Address:</b> Dept. of Health and Human Services Administrative Rules Unit Brown Building, 2nd Floor 129 Pleasant St. Concord, NH 03301	<b>Phone Number:</b> (603) 271-9640
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8. **Deadline for submission of materials in writing or, if practicable for the agency, in the electronic format specified:**

Tuesday, June 16, 2026

**Fax**  
 **Email**  
 **Other**

9. **Public hearing scheduled for:**

**Date:** Tuesday, June 9, 2026

**Time:** 12:00 PM

**Place:** Main Building, Fox Chapel  
105 Pleasant St.  
Concord, NH 03301

**Electronic Access, if applicable:** N/A

**10. Fiscal Impact Statement (Prepared by Legislative Budget Assistant):**

FIS #: 26:076, dated: 2026-04-16

**1. Comparison of the costs of the proposed rule(s) to the existing rule(s):**

When compared to the existing rule, the proposed rule may benefit state citizens by an indeterminable amount.

**2. Cite the Federal mandate. Identify the impact on state funds:**

No federal mandate, no impact on state funds.

**3. Cost and benefits of the proposed rule(s):**

**A. To State general or State special funds:**

None.

**B. To State citizens and political subdivisions:**

None.

**C. To independently owned businesses:**

None.

**11. Statement Relative to Part I, Article 28-a of the N.H. Constitution:**

The proposed rule does not modify existing responsibilities, and does not mandate any fees, duties, or expenditures on the political subdivisions of the state, and therefore does not violate Part I, Article 28-a of the N.H. Constitution.