



March 3, 2025

Re: HB 377 - Restricting Puberty Blockers and Cross-sex Hormones For Minors.

Dear Members of the House Health, Human Services, and Elderly Affairs Committee,

On behalf of the New Hampshire Nurse Practitioner Association (NHNPA), representing over 2,000 Advanced Practice Registered Nurses (APRNs) across the state, we respectfully oppose HB 377. APRNs provide high-quality, evidence-based care in communities across New Hampshire, ensuring patients receive the necessary treatments in collaboration with their families and trusted healthcare providers.

At the heart of healthcare is the provider-patient relationship. Medical decisions, including the use of hormone therapies and puberty blockers, should be made in the exam room—not dictated by legislation. These treatments have long been used for a variety of medical conditions, including endocrine disorders, early puberty, and other hormone-related conditions. The safety and effectiveness of these treatments are well-established in medical literature, and their use follows rigorous clinical guidelines set by leading medical organizations.

Hormone therapies and puberty blockers are established treatments used for a variety of medical conditions. Decisions about their use should be made in the exam room. Patients deserve care tailored to their unique health needs, guided by medical expertise and informed choice.

Restricting access to established treatments undermines evidence-based medical care and may discourage providers from practicing in New Hampshire, further limiting healthcare options for families. Patients deserve care tailored to their health, supported by science, and free from unnecessary legislative interference.

We urge you to oppose HB 377 and protect the ability of patients, families, and providers to make informed healthcare decisions together.

Sincerely,

Kim Mohan
Executive Director
New Hampshire Nurse Practitioner Association