

I write in strong opposition to HB377. This is a bill that will harm transgender youth and has no place in our "Live Free" State. I am including a number of studies and informational articles. I don't know if you will be voting on this bill right after the hearing, but I hope you take the time to do some research or read what I have provided. This bill is hurtful and based on inaccurate information.

Gender affirming care for transgender youth is evidence-based and supported by all major professional medical and psychological associations, including the American Medical Association, The Academy of Child and Adolescent Psychiatry, The Pediatric Endocrine Society and dozens more. Their statements can be found here: <https://transhealthproject.org/resources/medical-organization-statements/>

Please take a moment to open the link and read a few.

Unfortunately the issues of transgender care and trans rights in general have been used as a political wedge issue. Misinformation is everywhere. The President himself spent \$222 million dollars in anti-trans ads during the last election. He accused teachers of transitioning young children at school. "[Y]ou know, they take your kid — there are some places, your boy leaves for school, comes back a girl. Okay? Without parental consent." (CNN 10/26-24). This is a complete fabrication with no basis in truth. Such statements add fuel to the anti-trans fire and give permission to discriminate against and harm this community.

The NH Journal quotes prime sponsor Rep. Mazur as saying, "[W]e are witnessing a concerning trend where children, some as young as 3 years old, are being prescribed puberty blockers and cross-sex hormones—often after just a few hours of consultation." (NH Journal 2/27/25). Medically transitioning very young children does not happen, period. (<https://www.factcheck.org/2023/05/scicheck-young-children-do-not-receive-medical-gender-transition-treatment/>) The only young children treated with puberty blockers and hormone therapy are those going through precocious (early) puberty, but even for that condition 3 years is rare. And it has nothing to do with identifying as transgender.

Misstatements such as the President's and the bill's sponsor's lead to confusion and could push for stopping this necessary care. The truth is that puberty blockers are not given until the child begins to show signs of puberty and only after strict protocols are followed. Many trans children/adolescents do not take puberty blockers at all because they do not come out until it is too late for them.

I wish everyone voting on this legislation had the facts to inform their decision. The book *Free To Be* by internationally recognized researcher and clinician Dr Jack Turban lays out the history, science and methods of transgender care for youth. As a Harvard/Yale/Stanford-trained adolescent psychiatrist, he has worked with hundreds of transgender and nonbinary kids and done extensive research on this topic. Dr Turban's work has shown that adolescents who are able to receive medical care such as puberty blockers and hormone therapy have much better mental health outcomes than those that don't. A review of Dr. Turban's work: <https://www.kqed.org/arts/13958699/dr-jack-turban-free-to-be-simon-schuster>

The push to end trans medical care is supported by a few people who have detransitioned and now travel the country, often highly paid, and speak out against this care because it didn't work for them. They each have their story, and for some who feel betrayed, their stories are compelling, but they are a tiny minority of the trans population and their experiences should not deter others or force the passage of laws hurting those who need this care. <https://www.erininthemorning.com/p/groundbreaking-study-shows-extremely>

I urge this committee to seek accurate research and real science, while rejecting the pseudoscience that seems to occupy a prime spot in social media. Several myths about trans care discussed here: <https://www.openmindmag.org/articles/anti-trans-myths>

I also urge you to actually sit down with transgender kids who need this care, and their parents and with transgender adults who are thriving because of this care.

Do not buy into the hate and misinformation, please. Vote ITL on HB377.

Thank you.

Nancy Brennan, Weare. *she/her*

*Humankind. Be both.*